



The Regional Food Bank of Northeastern New York's

BackPack Program

"When local kids go hungry, we have their backs."

About the BackPack Program

The BackPack Program is designed to meet the needs of hungry children at times when other resources are not available, especially on weekends. The program provides backpacks filled with food that is child-friendly, shelf-stable, and easily-consumed. Bags are packed each week by school staff and discreetly distributed to participating children every Friday afternoon.

BackPack Facts

- The Food Bank started the BackPack program in 2007 with one partner school. Since then, the program has expanded to 25 schools throughout 8 counties, serving over 525 children each week.
- More than 13,850 BackPacks were distributed during the 2011-2012 school year.
- In 2011-2012 school year, the BackPack program more than doubled in size from 11 to 25 partner schools.

BackPack Menu

Each bag includes...

- 2 breakfast items (cereal, oatmeal packets, graham crackers, granola bars)
- 3 entrées (mac & cheese, PB & J, Spaghetios, tuna, soup)
- A loaf of bread
- 2 shelf stable milks (plain and chocolate)
- 2 juice boxes (100% juice when possible)
- Fresh fruits
- Fresh vegetables
- 2 snacks (cookies, popcorn, pudding, etc.)

*Regional Food Bank of NENY · 965 Albany-Shaker Rd, Latham, NY 12110
www.regionalfoodbank.net · (518)786-3691*

What They're Saying about Backpack

- "It is a great help when it is so costly in the store. It gives me peace of mind. I know my kids look forward to it and enjoy it." ~A parent of a participating student
- "It helps fill in meals and it's great to know the school is there to help in other ways than just academics!" ~A parent of a participating student.
- "I like getting food from the Backpack because I don't have a lot of food in my house." ~A participating student
- "This is an excellent program in our community where there are many living at the poverty level. Thanks for putting in the time and effort to make Backpack a reality." ~A teacher
- According to teachers, students who receive the backpacks show increased attention and ability to focus during the school day.
- Most students share their food with family members, indicating how important this program is to the entire household.
- Many parents and students indicated that the fresh fruits and vegetables sent home were the kids' favorite items.

How You Can Help

- The Backpack program is funded entirely by local donations.
- 100% of donations go towards food for the program.
- The average cost of one backpack full of food is \$5.56.
- The cost to sponsor a child for a full school year is \$167.00.
- When sending in a donation, be sure to indicate that you'd like the funds to be directed to the "BackPack Program".

Yes, I will support the Regional Food Bank's Backpack program and help provide a hungry child with nutritious meals during weekends.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Amount: _____ Check Visa American Express Mastercard

Number _____ Billing Zip Code _____ Expiration Date _____



Alleviating hunger ... together.

PLEASE MAIL TO: Regional Food Bank of NENY
965 Albany-Shaker Road
Latham, New York 12110

School District	School	County	Children Served/week
Albany	Arbor Hill Elementary School	ALBANY	30
Albany	Brighter Choice Boys Elementary	ALBANY	30
Albany	Brighter Choice Girls Elementary	ALBANY	30
Albany	New Scotland Elementary School	ALBANY	15
Albany	Sheridan Preparatory Academy	ALBANY	30
Brittonkill	Tamarac Elementary School	RENSSELAER	15
Chatham	Mary E Dardess Elementary School	COLUMBIA	30
Cooperstown	Cooperstown Elementary School	OTSEGO	15
Corinth	Corinth Elementary School	SARATOGA	15
Germantown	Germantown Central School	COLUMBIA	15
Glens Falls	Jackson Heights Elementary School	WARREN	15
Green Island	Heatly School	ALBANY	30
Hadley-Luzerne	Hadley Luzerne Central School	WARREN	20
Hudson	John L. Edwards Primary School	COLUMBIA	30
Hudson	Montgomery C. Smith Intermediate School	COLUMBIA	30
Hudson Falls	Hudson Falls Primary School	WASHINGTON	15
Ichabod Crane	Ichabod Crane Primary School	COLUMBIA	30
Schenectady	Franklin D Roosevelt Elementary School	SCHENECTADY	30
Schenectady	Keane Elementary School	SCHENECTADY	30
Schenectady	Lincoln Elementary School	SCHENECTADY	30
Schoharie	Schoharie Elementary School	SCHOHARIE	30
South Glens Falls	Ballard Elementary School	SARATOGA	30
South Glens Falls	Harrison Elementary School	SARATOGA	30
South Glens Falls	Moreau Elementary School	SARATOGA	30
South Glens Falls	Tanglewood Elementary Schoo	SARATOGA	30
Stillwater	Stillwater Central Schools	SARATOGA	30
Taconic Hills	Taconic Hills Elementary School	COLUMBIA	30
Troy	Ark Community Charter School	RENSSELAER	30
Warrensburg	Warrensburg Elementary School	WARREN	20
Webutuck	Webutuck Central School	DUTCHESS	15
	Total Children Served per week		730