

JOIN US IN THE INAUGURAL HIKE FOR HUNGER!

Saturday, October 4, 2014
John Boyd Thacher State Park,
Voorheesville
9am-12pm

**All proceeds benefit the
Regional Food Bank's Patroon Land Farm.**



REGISTRATION AND PARKING BEGINS AT 9AM AT
KNOWLES FLATS



3 MILE MARKED HIKE WILL PROCEED FROM
OVERLOOK AT 10AM



RAIN OR SHINE!

**First 150 registrants receive a free
water bottle! (One per person, two per
family or team)**

**Register in advance and you'll be
entered to win great prizes including a
basket of produce from the Farm!**

**To register over the phone or with any
questions, please call Bob Baker at
518-786-3691, x296.**

REGISTRATION FORM

\$25/person | \$50/family | \$100/team up to five people

Looking for another way to help out? Get your friends and family to sponsor you—all money raised helps the Patroon Land Farm and the Regional Food Bank feed hungry people in our communities! See back page for Sponsor a Walker Sign-Up Form.

Name: _____ Phone: _____

Address: _____

Team Name, if Applicable: _____

PAYMENT METHOD

A check for the total of \$_____ is enclosed.

(Make checks payable to Regional Food Bank)

Please charge my card for a total of \$_____.

Master Card Visa American Express

Card # _____ Exp. Date: _____

Signature: _____ Billing Zip: _____

Please return completed form by **October 1, 2014.**

RETURN TO:

Regional Food Bank of Northeastern New York
Hike for Hunger
965 Albany-Shaker Road, Latham New York 12110
Fax: (518) 786-3004

WAIVER: In consideration of my or my child's voluntary participation in the Regional Food Bank's Hike for Hunger, I hereby for myself or my child, my heirs, executors, and personal representatives, waive, release and discharge the Regional Food Bank, the Patroon Land Foundation, its officials, volunteers, and all other sponsors from any and all injuries and claims of damage of any kind growing out of my participation in and any related activities. By signing below, I also hereby give permission to the Regional Food Bank to use my or my child's likeness in photo, film or video without compensation for the purpose of promoting the Regional Food Bank's Hike for Hunger.

Walker Signature

Parent/Guardian Signature (if walker is under 18)
