



REGIONAL
FOOD BANK

For every neighbor in need.

2025 Impact Report

Mission and Vision

The mission of the Regional Food Bank is to lead a network of partners to alleviate hunger, prevent food waste, and nourish the communities we serve.

Our vision is that all people have the nutritious food they need to thrive.

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From the CEO



Dear Friends,

The challenges facing our neighbors continue to grow, but so does the power of partnership. At the Regional Food Bank, we see every day what is possible when communities come together to fight hunger. This Impact Report highlights the progress we made over the past year and celebrates the generosity, dedication, and collaboration that make our work possible.

As food insecurity remains high across our 23-county service area, we have expanded our reach and strengthened our response. Through a network of more than 1,000 agency and community partners, enhanced direct distribution programs, and the addition of our Orange County Distribution Center, we are reaching more people than ever before. At the same time, rising food costs, economic uncertainty, and reductions in federal food assistance have increased pressure on families and hunger-relief organizations alike. We remain committed to ensuring that nutritious food reaches every community we serve, especially rural and underserved areas where access to assistance remains limited.

This year, we also established a new Data & Analytics Department to better understand and respond to need across our region. Using advanced mapping and geographic analysis, we can identify communities with the greatest meal gaps, evaluate the reach of our agency network, and pinpoint underserved areas. This data-driven approach enables us to strengthen partnerships, deploy direct food distributions where they are needed most, and ensure every decision is guided by impact.

We are deeply grateful for the support of our food industry partners whose generosity provides millions of pounds of nutritious food each year. We also expanded our Retail Rescue Program, working with grocery retailers and food businesses to recover even more safe, wholesome food that would otherwise go to waste. These efforts reduce waste while increasing access to healthy meals for our neighbors.

Strengthening our local food system remains another priority. Through our new Micro Purchasing Program in Essex, Rensselaer, and Ulster counties, we purchase fresh produce directly from local farms and distribute it to agency partners within those same communities. This innovative approach supports local agriculture while providing fresh, locally grown food to families in need.

None of this would be possible without the extraordinary dedication of our staff, volunteers, donors, agency partners, and community supporters. Thousands of volunteers gave their time this year to sort food, pack meals, harvest produce, and support distributions across our region. Their compassion is the heartbeat of the Regional Food Bank.

Thank you for believing in our mission and standing with us. Together, we are building a stronger, more resilient hunger-relief network and ensuring that every neighbor has access to the food they need. On behalf of everyone at the Regional Food Bank, thank you for making this work possible.

Sincerely,

Tom Nardacci

Cover image:

A group of volunteers at Clover Stadium in Rockland County. Photo by Allyse Pulliam

Back cover image:

Matt Wynkoop, Food Industry Partnerships Manager, assists at a food distribution in Newburgh, Orange County during the SNAP crisis. Photo by Mike Bloom Photography

fast facts

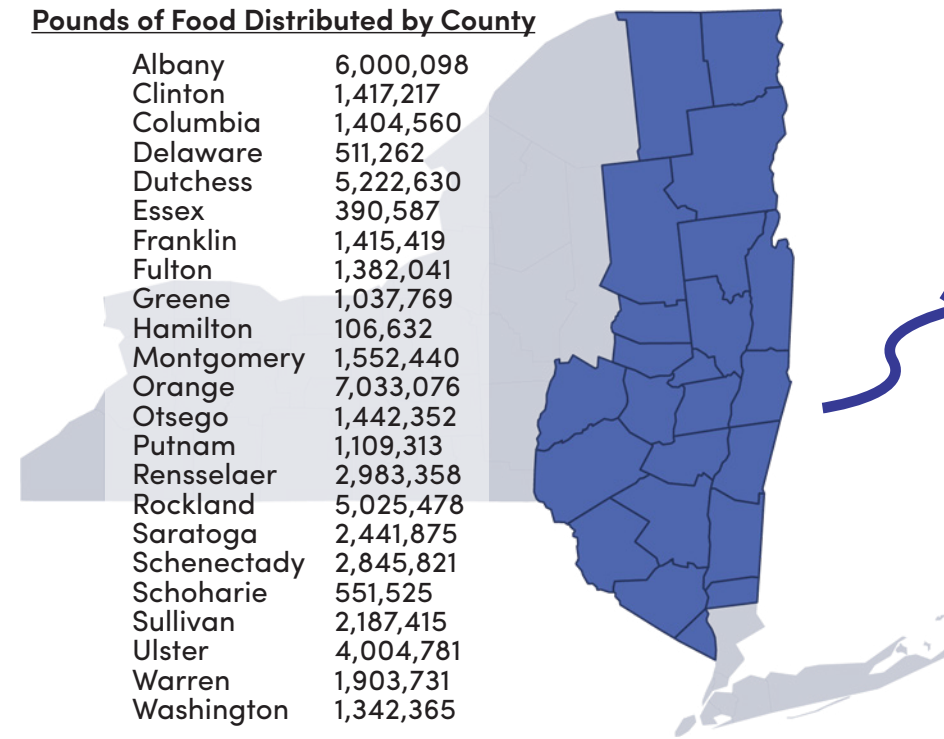


A volunteer packs a bag at our Thanksgiving Distribution in Woodstock, Ulster County. Photo by Jason Bover

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Pounds of Food Distributed by County

Albany	6,000,098
Clinton	1,417,217
Columbia	1,404,560
Delaware	511,262
Dutchess	5,222,630
Essex	390,587
Franklin	1,415,419
Fulton	1,382,041
Greene	1,037,769
Hamilton	106,632
Montgomery	1,552,440
Orange	7,033,076
Otsego	1,442,352
Putnam	1,109,313
Rensselaer	2,983,358
Rockland	5,025,478
Saratoga	2,441,875
Schenectady	2,845,821
Schoharie	551,525
Sullivan	2,187,415
Ulster	4,004,781
Warren	1,903,731
Washington	1,342,365



53,311,747 pounds were distributed in 2025 throughout 23 counties of New York, the equivalent of **44.4 million meals.**

In any month, over **355,000 individuals** are served by more than **1,100** partner food pantries, soup kitchens, shelters, children's programs, senior housing sites, and more.

To help our partners build capacity and provide exceptional service to our neighbors in need, the Food Bank offered virtual and in-person trainings in 2025 on topics such as food safety, nutrition, Unpacking the HPNAP Pantry Package, HPNAP/OS, and more.



Our fleet of trucks and dedicated team of drivers traveled 342,175 miles in 2025 to deliver food and pick up donations!



We opened the doors to our new Hudson Valley Distribution Center in Orange County, allowing us to better serve our 400 pantry and program partners throughout six Hudson Valley counties.



ABC's Good Morning America visited a Regional Food Bank distribution in Newburgh to talk with our CEO, Tom Nardacci, about our efforts to alleviate hunger during the SNAP crisis.



During the federal government shutdown and ensuing SNAP crisis, we mobilized a proactive response to assist communities and neighbors in need all while planning our 2nd Annual Thanksgiving Distribution.



Our work wouldn't be possible without the support of our dedicated volunteers. In 2025, 29,747 volunteers contributed 74,367 total volunteer hours - the equivalent of 36 full-time employees! Volunteers assisted with a multitude of projects at our Capital Region and Hudson Valley distribution centers, the Patroon Land Farm, food distributions, and more.



In 2025, we received **31 million pounds of donated food** and products from 404 donors including distribution centers, farmers, retail stores, foodservice companies, manufacturers, truckers, wholesalers/brokers, and Feeding America, along with hundreds of businesses and community members who hosted food and fund drives.



We completed our new training and demonstration kitchen, allowing us to expand our nutrition education initiatives and trainings to our partner network as well as provide a welcoming space for staff and visitors. We are grateful to Assemblyman Phil Steck and Assembly Speaker Carl Heastie for the capital improvement grant that made this project possible!



Counties across the region took a stand in September for Hunger Action Month. Dutchess, Essex, Orange, Putnam, Rensselaer, Rockland, Schenectady, Sullivan, Ulster, and Warren counties issued proclamations recognizing the need to end food insecurity in our communities.



We were honored to be recognized as a Capital Region Top Workplace by the Times Union and Orange County Chamber's Best Place to Work, Nonprofit. These achievements are a testament to our dedicated team who live out our mission and values every day!



In 2025, we launched services under the Medicaid 1115 Waiver program, delivering medically tailored groceries and nutrition counseling directly to neighbors' homes. We served 100 members and distributed 16,000 pounds of food in partnership with two social care networks.



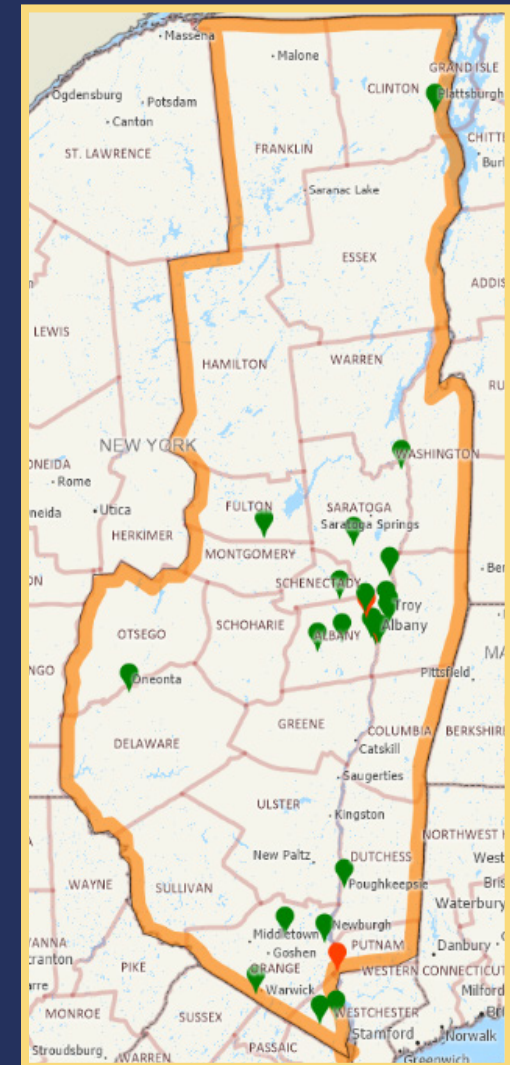
2025 highlights

Chief Financial Officer, Deanna Zuzick, at a food distribution. Photo by Marty Kerins

spotlight on the SNAP crisis

As the federal government shutdown stretched on in 2025, 307,400 SNAP recipients in our region were at risk of losing SNAP benefits once existing funding expired. Anticipating the impact, we worked with partners and elected officials to raise awareness of the crisis and amplified the issue through media outlets across the region. At the same time, our team prepared for one of the largest crisis responses in the Food Bank's history.

When November's SNAP benefits were withheld, the Regional Food Bank launched a comprehensive strategy to assist areas of high need. By mobilizing our supporters and volunteer network, we were able to purchase more food and increase direct distributions almost immediately.



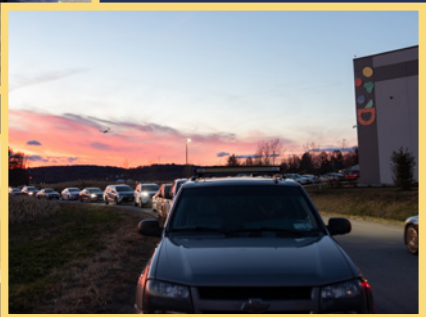
- 26 distributions across 11 counties
- 341,690 pounds of food providing 285,000 meals
- supporting 38,600 neighbors in need
- 500+ volunteers assisted



During the government shutdown, the Food Bank supported federal workers—who were still required to report to work without receiving paychecks—by providing multiple food distributions that delivered thousands of meals to those affected and their families.



As cars lined up at each distribution, hundreds of volunteers braved rain and cold in service, and team members across the organization stepped in to assist.



spotlight on Thanksgiving

23 counties. 25 sites. 350,000 meals. 1 day.



Growing on our inaugural efforts in the Capital Region, in 2025 we expanded our 2nd Annual Thanksgiving Distribution in to the Hudson Valley and Adirondack North Country. We identified 25 mass distribution sites to distribute groceries for Thanksgiving and beyond, and 53 low-income senior housing facilities to deliver prepared meals. In collaboration with more than 2,000 volunteers and the support of our community, we provided 350,000 meals, making this the largest single-day coordinated food distribution in New York State history.

In 2026, we will grow our efforts even further to serve more neighbors in need.



for every neighbor in need



Pantry partners load up at an agency distribution. Photo by Marty Kerins



Retail Rescue Program

The Retail Rescue Program enables the Regional Food Bank to increase our emergency food distribution by collecting food from participating grocers that would otherwise be thrown away like meat, dairy, and produce. In 2025, **15.1 million pounds of food were rescued from 240 stores across 19 retailers, providing 12.6 million meals** to our neighbors in need.

Just in Time Delivery Program

Many of our partner pantries have to limit the amount of fresh food they provide due to lack of space to store or transport these products. The Food Bank's Just in Time Delivery Program brings **produce, dairy, and other perishable food** to pantries 'just in time' for distribution, without them having to transport or store it. We distributed more than **1.1 million pounds** in 2025.

Senior Food Delivery Program

Low income seniors without their own transportation face a unique barrier to accessing fresh food. In partnership with low income senior housing sites, the Food Bank's Senior Food Delivery Program delivers nutritious food to seniors at their housing facilities, ideally during weeks when transportation to a grocery store is unavailable. In 2025, **more than 760,000 meals were provided across 75 senior housing sites, helping 3,500 seniors each month.**



Photo by Cindy Schultz Photography



Food Distributions

Each month, the Regional Food Bank works with nearly 20 host site partners to provide large scale distributions of food from a Regional Food Bank truck directly to our neighbors in need. Neighbors receive a mix of non-perishables, produce, meat, and dairy. In 2025, these monthly distributions provided **2.2 million pounds of food, the equivalent of 1.8 million meals**, to our neighbors in need.

Mobile Pantry Program

Not every community we serve has a pantry, which makes it hard to provide equitable access to our neighbors. In 2025, the Food Bank's **Mobile Pantry Program** provided service to over **2,400 neighbors in 13 communities** that lack brick and mortar pantries and nearby grocery stores. At our mobile pantries, neighbors choose the items that meet their household needs.

Student Programs

Our **BackPack, School Pantry, and Summer BackPack Programs** provided more than **2 million meals to 13,000 children and teens** throughout 2025. 40 new schools onboarded during the year. We launched the first-of-its-kind in New York home delivery model of summer meal kits for kids, mailing weekly meal kits to 400 children each week. This allowed us to reach ten communities that lack other access to summer feeding programs for kids.



Fruits and Vegetables: 33.7%

Protein: 20.4%

Grains: 13.3%

Dairy: 8.8%

Entrees, Soups, and Complete Meals: 5.6%

Other Foods: 18.2%

82% of the food we distribute is healthy staples like fruits and vegetables, grains, dairy, meat, and other protein.

In addition to food, the Regional Food Bank also provides 717,000 pounds of non-food items like household paper products, personal hygiene items, cleaning products, and more. These are items that cannot be purchased using SNAP benefits and are extremely valuable to our network of partner agencies and our neighbors in need.



Food as Medicine

For food insecure individuals with chronic disease, Food as Medicine provides access to healthy foods and nutrition education to help manage diet-related symptoms of diagnoses. Program patients have seen significant improvements, including an overall **decrease in A1C of 2.1% and an average weight loss of 11 lbs.** In 2025, 112,500 meals were distributed through this program.



Nutrition Education

Nutrition education helps neighbors gain the knowledge and skills needed to make healthy food choices. Our nutritionists provide practical fruit and vegetable nutrition education sessions at various community sites emphasizing frozen, canned, and dried products, as well as fresh fruits and vegetables. They provide easy, low-cost recipes and tips for planning and preparing delicious, healthy meals.



Nourish New York

Nourish New York provides food banks with funds to **purchase surplus agricultural products from NYS growers** and producers that are then provided to people in need. In 2025, Nourish New York provided us with over **2.8 million pounds of food** including dairy, eggs, produce, pasta, and more from **20 New York State growers and producers.**



Patroon Land Farm

The Regional Food Bank, in partnership with the Patroon Land Foundation, manages a farm that grows large quantities of high-quality vegetables and supplies the Food Bank with diverse, fresh produce. **24,362 pounds of produce** were harvested in 2025.

nourishing & encouraging



A volunteer distributes nutritious food in Albany County.

The Food Bank’s Strategic Plan charges us to provide equitable and sufficient access to healthy, nutritious, and culturally responsive food throughout our service area, regardless of whether someone resides around the corner or in a remote, rural community. To reach this goal, we are investing in innovative, collaborative strategies unique to each community.



Our Hudson Valley Distribution Center in Orange County opened in February 2025. The state-of-the-art distribution center will provide the Food Bank with four times more storage for dry, cold, and frozen foods and allow us to purchase more food from local growers and producers and distribute it to more than 400 partnering agencies in the Hudson Valley. Direct access to highways will allow for more frequent deliveries and distribution and easier access for partner agencies to pick up food, improving access to nutritious food throughout the six Hudson Valley counties we serve.



In rural communities like the Adirondacks and North Country, food insecurity comes with added challenges: limited infrastructure, workforce shortages, and long distances to essential services. Many veterans choose to call these regions home after their service, making it even more important to meet them where they are. We partnered with the Albany Stratton VA on New York’s first-ever food pantry inside a Veterans Community Based Outpatient Clinic in Westport, Essex County. This resource helps ensure veterans can access healthy, fresh food while receiving medical care, supporting overall wellness through our Food as Medicine program.



To increase the availability of fresh, local produce at partner pantries, we launched our Micro Purchasing Program. The program partners with small farmers in underserved communities to purchase produce that goes directly to area pantries. This program supports local farmers, strengthens pantry partners, and provides more fresh food to neighbors facing food insecurity. We distributed 26,702 lbs to nine agencies in three counties from the time the program launched in September through year-end, with plans to expand in 2026.



Through our FoodForward program, we empowered 30 selected partner agencies across our 23-county service area to undertake a range of initiatives that will build capacity and increase neighbor access. From expanding food rescue programs, increasing cold storage, enabling direct delivery, and more, these agencies and partners are committed to building local capacity and developing innovative solutions to reach more neighbors in need, and the Food Bank is committed to helping them reach those goals.

equity & innovation



Partners in Davenport, Delaware County
Photo by Marty Kerins

financial statements

Statement of Activities and Change in Net Assets
Year Ended December 31, 2025

Operating Revenue

Operating Revenue:	
Contributions	\$ 6,939,835
Donated Services	3,408
Fundraising, Appeals	3,129,271
Fundraising, Special Events	1,106,986
Grants/Contracts	1,345,414
Government Support, NYS HPNAP	15,448,944
Government Support, TEFAP	1,153,260
Food and Other Inventory Items Revenue, Purchased	7,063,921
Food and Other Inventory Items Revenue, Donated	65,811,479
Shared Maintenance Revenue	1,843,922
Other Operating Revenue	950
Interest and Dividends, net of investment fees	159,403
Other Revenue	3,011
Net assets released from restrictions	8,876,068
Total Operating Revenue	\$112,885,872

Operating Expenses

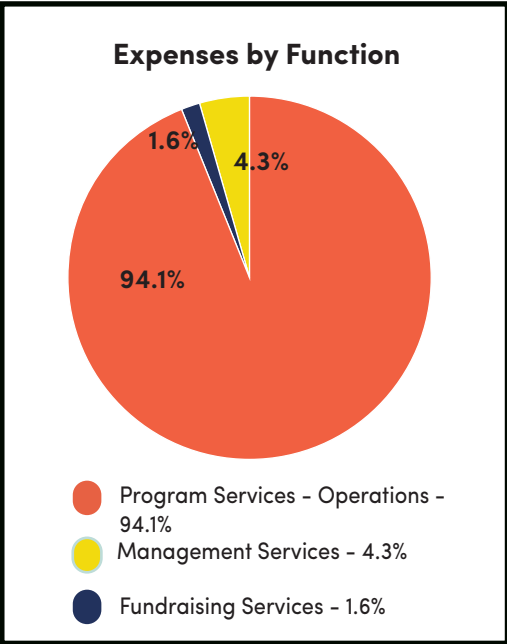
Personnel Services	\$ 14,710,584
Food and Other Inventory Items, Donated	66,610,865
Food and Other Inventory Items, Purchased	20,851,933
Food Cost, Value Added Product Cost	358,170
Building Operations Expense	773,956
Consulting and Professional Fees	603,651
Equipment Expenses/Maintenance	474,312
Fundraising Expenses	597,248
Grants - Programs	711,832
HPNAP Expenses	956,807
Insurance Expense	266,714
Marketing and Branding	239,842
Purchases at Donor Request	63,392
Vehicle Expenses	741,441
Waste Disposal	105,411
Miscellaneous Operating Expense	1,391,165
Total Operating Expense	\$109,457,323
Subtotal Operating Activity	\$3,428,529

Building and Capital Fund Activity

Realized Gain/Loss/Disposals	\$ (53,400)
Depreciation Expense	1,954,563
Total Building and Capital Fund Activity	\$1,901,163
Other Gain (Loss)	543,788
Subtotal Building Activity & Other	\$(1,357,375)
Change in Net Assets Without Donor Restrictions	\$2,071,174
Change in Net Assets With Donor Restrictions	\$(3,804,068)

Change in Net Assets

\$(1,732,894)



corporate & foundation donors of \$2,500+

A.J. Letizio Sales & Marketing, Inc. AAA Hudson Valley The AJH Fund at Ayco Charitable Foundation Acosta Group Adirondack Beverages Adirondack Community Foundation Aflac New York Ahold Delhaize USA Inc. Albany Plasticare International Albertsons Companies Foundation The Alicia Glen and Daniel Rayner Charitable Fund at GS DAF Amazon The Amelia Foundation American Cultural & Historical Equity Fund American Dairy Assoc. & Dairy Council American Fundraising Foundation, Inc. Ameriprise Financial Employee Giving Applied Materials Foundation Ardent Mills LLC Arise of Northern NY Arrow Bank Ascienzo Family Foundation The Ashokan Fund at Fidelity Charitable Ayco Charitable Foundation B & R Foundation Ballston Spa National Bank Bank of America The Barbara J. Ryan Charitable Gift Fund at Fidelity Charitable Bast Hatfield The Bayard and Cornelia Friedman Fund Baumol Family Foundation Beech-Nut Berkshire Bank Foundation, Inc. Berkshire Taconic Community Foundation Bernard and Anne Spitzer Charitable Trust Bethel Full Gospel Assembly of God Bethlehem Festival Fund The Big Two Hearted Charity at Renaissance Charitable Bilinski Sausage Manufacturing Co BJ's Wholesale Club, Inc. The Blum-Merians Foundation, Inc. Boats by George, Inc. The Bobby Mac Memorial Golf Outing Brent Financial Group, LLC Brey's Egg Farm Broadview Federal Credit Union Broccoli Associates, Inc. Brookfield Renewable U.S. Brooks Family Foundation Brown & Weinraub, Pllc Buffy Wachs Foundation The Business For Good Foundation, Inc. C.A. Ferolie Cafe Spice, Inc. Caliber Collision Centers Foundation Capstone Logistics Captech Logistics LLC Casa Visco Finer Foods Casaloma Fund of the Jewish Communal Fund CDTA Center for Disability Services, Inc. Central Hudson Gas & Electric Corp. Charities Aid Foundation of America Charles R. Wood Foundation Charter Communications Chevron Humankind Chick-fil-A, Inc. 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Jewish Federation Cincinnati
Jewish Federation of NENY
The Jill MacElhiney Giving Fund at Fidelity Charitable
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NBT Bank
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Nestle
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Parish of Our Lady of Hope

PayPal Giving Fund
PCSB Community Foundation
The Peckham Family Foundation
Pernille AEGidus Dake Fund at BNY Charitable
The Peter & Elizabeth Tower Foundation
Phil With Love Foundation
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PM Foundation
PNJ Technology Partners, Inc.
The Pomegranate Fund at Vanguard Charitable
Poore Foundation
Price Chopper/Market 32
ProTapes & Specialties, Inc.
Public Employees Federation-Region 8
Pursuit Lending
Quigley-Sullivan Funeral Home, Inc.
R & D Molfetta Giving Fund at DAFgiving360
R.A. Hunsdorfer Foundation
Radio Woodstock Cares Foundation, Inc
Ralph E. Ogden Foundation, Inc.
The Ramapo Happy Camper Foundation Inc
The Record's People For People Fund
Red Crane Charitable Fund at DAFgiving360
Red Hook Responds
Red Pine Ridge Inc.
Reformed Presbyterian Church of Duaneburg
Regal Foundation
Regeneron Pharmaceuticals
The Reinker Family Charitable Fund at Fidelity Charitable
Rema Foods
Renaissance Corporation of Albany
Review Foundation Inc
Rheinstrom Hill Community Foundation, Inc.
Richard and Terez Abatecola Foundation
The Riedman Foundation
River Farm America Foundation
RL Baxter Building Corp.
The RLRM McCormick Donation Fund at Vanguard Charitable
Robert W. Baird & Co. Inc.
Rockland County New York
The Rosen Family Charitable Fund at Fidelity Charitable
Rosenblum Development Corp
Saarela-Miller Giving Fund at Fidelity Charitable
Salesforce
The Sandy Hill Foundation
SAS Retail Services LLC
Sawyer Savings Bank
The Schenectady Foundation, Inc
Schenectady Shares
The Seymour Fox Memorial Foundation, Inc.
Shania Twain Foundation
ShopRite Partners In Caring Fund of the Community Foundation of New Jersey
The Smachlo Foundation
Smiley Brothers, Inc.
Specialty Silicone Products
Spratt Family Giving Fund at Bank of America Charitable Gift Fund
Springer Mountain Farms
St. Luke's Lutheran Church of Sidney
St. Peter's Health Care

St. Peter's Health Partners
St. Pius X Church
Standish Family Fund at Bank of America Charitable Gift Fund
The Stardust Fund of the Greater Houston Community Foundation
Starpoint Church
The Stearns Weininger Family Fund at Berkshire Taconic
Stewart's Foundation
Stop & Shop Family Foundation
Sullivan 180, Inc.
Sunmark Credit Union
The Suozzo Family Trust
Susan and Gerald Bereika Family Foundation
Target Corporation
TCT Federal Credit Union
Tech Valley Drywall Inc
Techflex, Inc.
Thendara Foundation
Thomas F. Staley Foundation
Tito's Handmade Vodka
Tops Markets LLC
Total Administration Services Corp Fed Campaign (TASC CFC)
Trinity Evangelical Lutheran Church
The Trinity Foundation Charitable Trust
Trinity Health
Trinity United Methodist Church
Trompeter/Mugno Family at Fidelity Charitable
Troy Innovation Garage
Troy Savings Bank Charitable Foundation, Inc.
Trustco Bank
Twice Blessed Thrift Shop
Tyson Foods
Ulster Savings Charitable Foundation
UNIMAC Packaging
Union Presbyterian Church
Unitarian Universalist Society of Schenectady
United Civil, Inc.
United HealthCare Svs Inc
United Irish Societies of the Capital District Inc.
United Presbyterian Church of Middletown
United Way of the Dutchess-Orange Region
United Way of the Greater Capital Region
United Way of Westchester and Putnam Counties
Upstate Electrical LLC
The U.S. Charitable Gift Trust
Vollendorf Votey Family Fund
Wakefern Food Corp.
Walden Savings Bank
Walmart Distribution Center
Walmart Foundation
Wildwood Programs, Inc.
The William and Elaine Kaplan Family Private Foundation
William Gundry Broughton Charitable Private Foundation
William Yager Memorial Foundation Inc.
The Williams Forsyth Family Fund



thank you

The staff of the Regional Food Bank would like to extend a special thank you to all who helped us in 2025 with food donations, fundraising, volunteer efforts, and more. **We are grateful** for the time, energy, and resources you provided to ensure we were able to nourish our communities. We couldn't do it without you!

how you can help

make a financial or in-kind donation

Monetary donations sustain the Food Bank and enrich the community by providing nourishment, dignity, and hope to all involved. Funds come from contributions, grants, and special events, and each donation makes a meaningful difference. In-kind donations come in many forms, from printing to paving and more. These donations allow the Food Bank to provide more food to our neighbors in need.

donate time and talent

Volunteers are vital to the Food Bank's operation and contribute in countless ways. Sorting donated food, planting or picking produce at our farm, or raising money at a fundraising event—there are endless varieties of enjoyable, rewarding tasks that volunteers perform every day.

donate food

Food donations are at the core of the Food Bank's work. Food companies and retailers donate their edible but unsaleable food, and individuals and organizations conduct food drives at all times of the year. Non-food items like personal hygiene items, paper goods, and cleaning supplies are also donated. These products are provided to food pantries, soup kitchens, and other agencies serving our neighbors in need.

spread the word

Did you have a great time volunteering or attending an event? Spread the word! Let your friends know and encourage them to get involved too! Find us on social media to keep up with what's going on at the Food Bank, and share our pages with your friends. Help us advocate and make sure your elected officials know you care about food insecurity. With your help, we can alleviate hunger, prevent food waste, and nourish communities.



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