### **Halal Foods in The Emergency Food Assistance Program**

This document is not intended to be an instruction on halal dietary law. It is designed to provide a general overview of halal dietary law, as it relates to foods regularly available through The Emergency Food Assistance Program.

When serving communities through USDA's The Emergency Food Assistance Program (TEFAP), it is important to consider a participant's perspective on cultural and religious practices around food. Participants choosing to follow a halal diet may not be able to take all items available through TEFAP.

#### **Halal Diets**

Halal diets typically do not permit pork products, alcohol and products that contain alcohol, or products containing ingredients that use non-halal animal-derived products. For example, some cheese products use an ingredient called rennet that is derived from an animal, therefore the cheese would not be acceptable to halal-observant communities.



### **Halal Certified Foods**

Some USDA Foods are certified halal, meaning that the product is not only acceptable but has been processed in a facility that maintains the integrity of the halal certification. These items are identified on the Foods Available List with an "(H)" next to the item name.

# Non-Certified Acceptable Halal Foods

Other products on the <u>TEFAP Foods Available</u>
<u>List</u> may be acceptable to halal-observant
communities without a halal certification, such
as fresh produce, certain types of fish, and shell
eggs. It is important to work with leaders in your
community to identify what non-certified items
will be acceptable to your participants, as levels of
observance may vary between communities.

### **Halal Foods in TEFAP**

The table on the next page shows the items available through TEFAP that may be acceptable to halal-observant communities. The six-digit number included with each food is the material code used for ordering in Web-Based Supply Chain Management.

For more information and resources, please visit the <u>TEFAP website</u>. If you need additional information about participating in TEFAP in your area, please reach out to your <u>State Agency</u>.

## **Halal Foods in The Emergency Food Assistance Program**

Halal Certified
VEGETABLES
Tomato Sauce, Low Sodium, Canned (K)(H) – 110610

May Be Acceptable Without Certification		
FRUITS		
Applesauce, Unsweetened, Canned (K) – 100207	Apples, Fresh – 110561	
Apples, Braeburn, Fresh – 100523	Oranges, Fresh – 100283	
Apples, Empire, Fresh – 100517	Pears, Bartlett, Fresh – 111424	
Apples, Fuji, Fresh – 100522	Pears, Bosc, Fresh – 111423	
Apples, Gala, Fresh – 100521	Pears, D'Anjou, Fresh – 111422	
Apples, Granny Smith, Fresh – 110543	Pears, Extra Light Syrup, Canned (K) – 100223	
Apples, Red Delicious, Fresh – 100514	Pears, Fresh – 110560	
VEGETABLES		
Beans, Green, Low Sodium, Canned (K) – 100306	Potatoes, Round, Fresh – 101019	
Corn, Whole Kernel, No Salt Added, Canned (K) – 100311	Potatoes, Russet, Fresh – 101017	
Mixed Produce Box, Fresh – 111427	Sweet Potatoes, Fresh – 111058	
LEGUMES		
Beans, Garbanzo, Canned (K) – 111060	Beans, Lima, Baby, Dry – 100378	
Beans, Black-eyed Pea, Dry – 100374	Beans, Pinto, Dry – 100382	
Beans, Great Northern, Dry – 100380	Lentils, Dry – 100388	
Beans, Kidney, Light Red, Dry – 100385	Peas, Green Split, Dry – 111055	
PROTEIN		
Peanut Butter, Smooth (K) – 111170	Eggs, Fresh – 100936	
Salmon, Pink, Canned (K) – 110580		
GRAINS		
Flour, All Purpose, Enriched, Bleached – 100400	Pasta, Macaroni, Whole Grain – 101023	
Flour, White Whole Wheat – 110857	Pasta, Rotini, Whole Grain – 110777	
Grits, Corn, White – 111082	Pasta, Spaghetti, Enriched – 110450	
Grits, Corn, yellow – 111072	Pasta, Spaghetti, Whole Grain – 101035	

